

Dy Dermatology Center  
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## **Pre/Post Procedure instructions for Laser Hair Treatment**

### **Pre-Procedure**

#### **5 Days Prior to Procedure Do Not Color Hair**

#### **Night Before**

- Shampoo hair, massage into the scalp, rinse and repeat. Using a scalp scrubber is ideal. You may use conditioner, from mid shaft to ends. Hair and scalp must be clean and dry on the day of the procedure.
- Do not apply topical hair fibers and/or scalp cover up sprays
- Do not apply topicals on scalp (can block absorption of growth serums used during procedure)

#### **Post Procedure**

- You may wash your hair 24 hours post procedure
- You may add topicals 24 hours post procedure
- You may color your hair 5-7 days post procedure

### **Laser Hair Removal (LHR)**

- Do not use any method of hair removal (except shaving) 6 to 8 weeks prior to LHR
- Do not use any method of hair removal (except shaving) in between LHR treatments
- Please shave 2 days prior to each LHR treatment
- If you are exfoliating, stop 1 week prior to each LHR treatment. You may resume 1 week post treatment.